



## *Canadian Friends of Bar-Ilan University*

### ABOUT THE EXPERIENCE

This coming October 2010, join the Canadian Friends of Bar-Ilan University for a memorable journey in the Land of Milk & Honey. This is your chance to experience the magic of Jerusalem, the thrill of the Tel Aviv, and the beauty of the Galilee at a leisurely and relaxed pace. The program includes visits to Israel's unique historical, archaeological and holy sites; a tour of Bar-Ilan University's beautiful campus; and exclusive experiences lead by insightful guides and speakers, that only Bar-Ilan can provide.



This Mission Itinerary is designed to meet the needs of active seniors and provide a true and meaningful perspective of the Land of Israel, past and present.

### PROGRAM ITINERARY

The following are some of the highlights of the 2010 Canadian Friends of Bar-Ilan University's Young at Heart Mission to Israel. A confirmed itinerary will be distributed approximately one month prior to the program and is subject to change.

#### **THURSDAY, October 21**

Arrive in Israel in the afternoon. VIP arrival airport transfer. Check in at the 5-star David Intercontinental Hotel. Orientation and Welcome Dinner  
Overnight Tel Aviv

#### **FRIDAY, October 22**

Visit to Independence Hall where we relive the founding of modern Israel and Ayalon Institute. Afternoon at Leisure. Optional Shabbat Dinner  
Overnight Tel Aviv

#### **SATURDAY, OCTOBER 23**

Shabbat at Leisure  
Dinner at an authentic Israeli restaurant in the revitalized "Old Port" of Tel Aviv.  
Overnight Tel Aviv

#### **SUNDAY, OCTOBER 24**

Enjoy a tour of Bar-Ilan University and discover the cutting-edge research facilities on campus. Take part in an interactive Public Diplomacy session.  
Lunch on Campus. Afternoon at Leisure.  
Overnight Tel Aviv



Bar-Ilan University

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## *Canadian Friends of Bar-Ilan University*

### **MONDAY, OCTOBER 25**

Travel to Herzylya and see Israel in the 21<sup>st</sup> Century. We will visit some of Israel's leading "Hi-Tech" industries to see firsthand how Israel is leading the world in technological breakthroughs. Travel to Haifa and Acco for the afternoon. Check into the luxurious Leonardo Plaza Tiberias Hotel.

Overnight Tiberias

### **TUESDAY, OCTOBER 26**

We begin our day by visiting Tsfat – the birthplace of the Kabbalah – high in the hills of the Galilee. Here we explore the ancient alleyways of this picturesque town and learn about the unique development of Jewish thought that has transpired here through the course of Jewish history. Travel by luxury coach to the Golan and hear from Israel's foremost experts on the importance of the Golan to Israel. We will then travel to Tiberias and enjoy a festive dinner cruise on the Kinnert.

Overnight Tiberias

### **WEDNESDAY, OCTOBER 27**

Check out of hotel and travel to Jerusalem. Tour the Old City of Jerusalem. Explore the alleyways, rooftops and tunnels of the Jewish Quarter – culminating with a moment of reflection at the Kotel – the Western Wall. We will tour the tunnels beneath the Kotel and visit the Cardo complex and browse the unique shops of the Jewish Quarter.

Check in to the 5 Star David Citadel.

Overnight Jerusalem

### **THURSDAY, OCTOBER 28**

Visit the Archeological site Beit Guvrin with Israel's leading archeologists - Lunch at a local winery - Shopping on Ben Yehudah

Overnight Jerusalem

### **FRIDAY, OCTOBER 29**

Begin the day with an emotional visit to the Yad VaShem Holocaust Memorial. The rest of the day is free time for taking a stroll in Jerusalem or relax at a local park. Festive Shabbat Dinner with an extraordinary guest speaker.

Overnight Jerusalem

### **SATURDAY, OCTOBER 30**

Shabbat at Leisure

Overnight Jerusalem



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## *Canadian Friends of Bar-Ilan University*

### **SUNDAY, OCTOBER 31**

Wake up early and begin the journey to the lowest place on earth – the Judean Desert. Visit Qumran, discovery site of the Dead Sea Scrolls. Marvel at the majestic Masada. Travel to the Dead Sea and float on the salty waters and relax in Spa of the Hod hotel. Evening at Leisure. Overnight Jerusalem

### **MONDAY, November 1**

Become a student for the day at Bar-Ilan University. Afternoon shopping and/or leisure. Attend the spectacular Sound and Light Show at the Tower of David. Overnight Jerusalem

### **TUESDAY, November 2**

We will be taking a Strategic Tour of Jerusalem along the “Green Line” with a member of the Begin-Sadat Center for Strategic Studies (BESA). You will learn firsthand the importance of Jerusalem to the Jewish Nation. We will then stop for lunch to discuss what we saw with a BESA researcher. In the afternoon we will take a guided tour of the Knesset, Israel’s parliament and be briefed by a member of the Knesset. Farewell Dinner and depart for Airport

### **WEDNESDAY, November 3**

Arrival in Toronto



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